

**Destination:** Milano  
**Exchange period:** Spring 2019

**Choice of the destination and courses:**

Through other people attending Politecnico di Milano. Big city, good food, nice people and a lot of wine. Very hard to find courses that fit in the schedule, and the website for viewing courses was not updated for some time so... Some information was not longer valid.

**Describe shortly the preparation process before the departure:**

Very easy to travel to Milano. Very hard to get accommodation through the internet in Italy.

**Contact with receiving institution:**

Easy.

**Support from Umea University:**

Very good support from Konrad at the institution.

**Arrival information:**

Very little information. A lot of things you had to look up for yourself.

**Accommodation arrangements:**

No help from the receiving university. Rented a room in an apartment through the site Spotahome. Very expensive, ~900€/month. Easier if you know Italian.

**Transportation:**

Very easy and good transportation. A metro-card cost 30€/month.

**Budget:**

Accommodation costs are a lot higher. Eating and drinking in restaurants are a lot cheaper. Without the scholarship and my parents my stay in Milan would have been very boring.

**Social activities:**

Some. Did not attend.

**Recommendation :**

Good university IF and only IF you get good courses and have high motivation.

**Practical things to think about:**

Accommodation in right places is crucial.

**General information about academia:**

The examination-part is way harder, but the level of knowledge you gain is similar. In Sweden e.g. the time when doing an exam is not supposed to be a limitation but in Italy it is. In Umeå we have ~6h/math exam whereas in Milan it could be only 2x40min. Almost no recommended exercises when attending courses but almost all learning are in-class at lecture. Lectures are usually very long and sometimes without breaks.

### **Courses attended**

#### *Course 1:*

Logistics management. 10 ECTS. Analysing and modelling logistics networks, warehouses etc. Lecture, workshops and visits at and of companies like Amazon, Barilla and AB InBev. Very high workload. My lecture notes reached 180 pages in Word.

#### *Course 2:*

Decision models. Quantifying decision processes, e.g. linear programming and other mathematical techniques. Very high workload. Only 5 ECTS. No recommended exercises, so the exam was quite a surprise. Only learning theory and almost no real applications.

#### *Course 3:*

Financial econometrics. 5ECTS. Analysing time series with application in finance. Very theoretical. OK workload. Good teacher that was very keen on learning the intuition behind something very abstract.

#### *Course 4:*

Leadership & innovation. 10ECTS. Probably the weirdest course I have ever attended. Group project with a famous company during the course, I had Adidas, where we wrote a report. The project was interesting and fun yet, not at all rewarding since the level on the report was veeeeery low, almost high school-material. But, the exam was incredibly hard with no feedback from the arrogant teachers about what was wrong just, that it was wrong. Stay away.

#### *Course 5:*

#### *Additional Courses:*

### **Did the university provide language courses? Could you receive ECTS points for them? What was your experience of such course?**

They provide, did not attend since I did not pay in due time because they did not say that it was a deadline for paying.

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**Possibility of future contact:** Yes